

# JOYS AND SORROWS

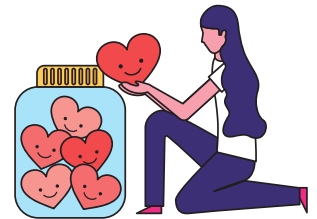


## Set up

- Arrive at **OBIC by 9:40 to set up. Bring a laptop** capable of connecting to OBIC wifi or hotspot through your phone.
  - Or you can borrow a laptop from UUCC.
- Sit at the white table in the back of the sanctuary by the windows.
- You will **need to be subscribed** to receive the Joys & Sorrows emails, **email Hannah** to get subscribed.
  - *I like to filter these into a special folder so that I can open just that folder on Sunday so as not to be distracted by other things coming in.*
- Open the **Joys & Sorrows doc**. It is usually already set up for today by the magic fairies with today's date, the introduction that Paige speaks, and often the first share or two.
  - You will need to be added as an editor, **email Hannah** and ask her to add you as editor.
- Check the **order of service** to find out **when** J&S will be shared during service so that you can plan to fetch the book from by the main sanctuary doors during the segment before that.

## During Service

- **As emails come in, copy-paste into the document.**
  - The name of the person sharing is listed first **in bold** followed by an **m-dash** like this: – then the text of the Joy or Sorrow.
  - Depending on how the writer worded it and who is reading on a particular day, you **may need to include some sort of transition words**.
    - Paige is highly experienced building those in as she goes, but a lay leader may not have as much practice.
    - Examples: "So and so shares that..." "This family asks for your thoughts because..." etc.
      - I still format it as "**Name – shares that/asks that/drops a stone...**"
  - **Edit as necessary** to correct punctuation or phrasing so that Paige can read them smoothly
    - If one comes in that is **exceptionally long or convoluted, edit appropriately**.
      - If possible, I try to send it back to the person for approval, but there isn't always time. Make a best effort to maintain their meaning and voice.



# JOYS AND SORROWS

## During Service continued...

- **Space the shares thoughtfully** so that there isn't a light, frivolous one next to something serious.
  - I like to put **joys first, followed by updates or bittersweet or ambiguous ones, and then sorrows** [or sorrows, middles, joys depending on the day, the content, etc]
  - I also tend to pay attention to how **"close to home"** a share is and take that into account, especially if there are a lot.
    - For example, if there is a share about a **specific member** of our community, I might put that before one that is more global [or after if it seems appropriate to end on one that is close and particularly relevant].
- At the appropriate time, **collect the J&S book** and transcribe those into the document fitting them into the structure above.
  - **If there are none**, add a note in the document to let Paige know.



## After Service

- After the J&S are shared in service, copy and paste them into an email to the **Karuna Care Team** [uucc\\_karuna@googlegroups.com](mailto:uucc_karuna@googlegroups.com)
  - You will need to be a member of that group to send them an email, this is something **Paige can do for you**.
- **Return the Joys & Sorrows book** to the podium by the door.

## Notes:

- Be vigilant to **spell people's names correctly**. Sometimes I need to verify in Realm or ask Sara D., Valerie, or Hannah if they are available.
- Watch out for **missing words, or tricky phrases** to speak aloud.
- Occasionally, a share will come in that asks to be **anonymous**, or they don't write their name in the book. Treat these particularly carefully. If the sender is known to me, I will pass this info on to Paige.
- Finally, as alluded to above, this role **opens you to being privy to some personal information**. Yes, they are shared publicly in the service, but they are still private to our community and are even edited out of the recordings that are made public. Treat this with the significance it carries.

*Thank you* 